


# WEBUTUCK ELEMENTARY SCHOOL - OCTOBER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Meal Prices:</b> Breakfast: \$2.20 Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45	<b>***BREAKFAST***</b>					<b>Parents/Guardians!!!</b> MySchoolBucks.com makes it easy and convenient to manage your child's meal payments! Scan the code to visit the website to learn more! 
	Bagel Cream Cheese Fresh Fruit Fruit Juice/Milk	Egg Patty with Cheese English Muffin Fruit Cup Fruit Juice/Milk	Overnight Oats Muffin Fresh Fruit Fruit Juice/Milk	French Toast Casserole Breakfast Sausage Fruit Cup Fruit Juice/Milk	Yogurt Parfait Granola Fresh Fruit Fruit Juice/Milk	
<b>Breakfast Components:</b> Grain 1 oz Fruit 1/2 cup Low Fat Milk 8 oz	<b>***LUNCH***</b>					
<b>Lunch Components:</b> Protein 2 oz Whole Grain 1 oz Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz	3	4	5	6	7	
	Bosco Sticks w/ Marinara Carrots Fruit Cup Milk	Nachos w/ Cheese Corn Chopped Salad Milk	Creamy Pasta & Peas Romaine Salad Pears Milk	Chicken Patty/Bun Peas & Carrots French Fries Milk	<b>HALF DAY</b>	
Everyday Vegetarian Option is: PBJ Sandwich or Pimento Cheese Sandwich	10	11	12	13	14	
	<b>NO SCHOOL</b>	Nachos w/ Cheese Pico de Gallo Chopped Salad Milk	Hamburgers Cole Slaw BBQ Baked Beans Milk	Chicken Nuggets Peas & Carrots French Fries Milk	Pizza Broccoli Apple Sauce Milk	
<b>FOOD ALLERGIES???</b> Please alert the School Nurse of any food allergies your child may have.	17	18	19	20	21	
	Waffles w/ Syrup Bacon/Sausage Peaches Milk	White Chicken Chili Green Beans Corn Muffin Milk	Beef & Peas White Rice Fresh Fruit Milk	Baked Ziti Carrots Pears Milk	Pepperoni Pizza Celery Sticks Fresh Fruit Milk	
Free & Reduced Lunch Applications are available at school or on the District Website	24	25	26	27	29	
	Cheesy Bread w/ Sauce Peas & Carrots Peaches Milk	Nachos w/ Cheese Pico de Gallo Fresh Fruit Milk	Chicken/Rice Casserole Broccoli Pears Milk	Spaghetti & Meatballs Romaine Salad Apple Sauce Milk	Pizza Carrot Sticks Fruit Cup Milk	
<b>Questions/Comments?</b> Please call Danny Trotter Food Service Director at 845-373-4100 X 4405	31					
	Meatball Parmesan Chopped Salad FreSh Fruit Milk					
						<b>Sandwich Board</b> Black Forest Ham Chicken Salad Italian Combo PBJ Salami Smoked Turkey
						Coming Soon.... Hot Soups to warm you up!
						<u>Salad of the Week</u>  We will send out an email each week!